

## YOUTH TREATMENT CURRICULUM COURSES

**Course Title: Adolescence, Addiction, Treatment and Recovery**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Although adolescents are developmentally distinct from adults, they often receive addiction treatment based on adult models. This is problematic because adolescents face significantly different conditions in addiction treatment, including distinct basic biological and neurodevelopmental stages, unique sociodevelopmental concerns, distinctive addiction trajectories, and, in turn, disparate treatment goals and outcomes. In sum, it can be difficult for even savvy clinicians to know how to approach addiction treatment with this important age group. This course intends to help clinician understand the special needs of teens in eliminating harmful substance use.

**Course Title: Adolescent Brain Development**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

*“Why do teenagers act like that?”* Adults have been asking this question for generations. Impulsivity, rapid mood swings, dangerous experimentation, angry outbursts, and poor decision making are just some of the behaviors that emerge as children enter adolescence. As a helping professional, you have the unique and sometimes unforgiving task of reaching this age group. However, the actual physiological makeup of the teenage brain is responsible for more of adolescents’ behavior than we may have realized. In this course, you will learn about the science of the teenage brain; how it affects teenagers’ emotions, thought processes, and behavior; and how to work with these challenges rather than fight against them. You’ll also develop concrete strategies for identifying at-risk behaviors, managing the mental and behavioral challenges unique to teenagers, and harnessing their strengths to keep them motivated and engaged self-actualizing behaviors. With the knowledge you gain from this course, you’ll be better equipped to help your teenage clients in a way that sets them up for lifelong success.

**Course Title: Preventing Suicide and Self Harm in Youth**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Suicide is a difficult topic, but it’s too important to ignore. According to the Centers for Disease Control and Prevention, suicide is the second leading cause of death for young people ages 15 to 24 in the United States. Despite a common belief that only teens and adults die by suicide, younger children can also be at risk. This course will help the addiction professional better understand the risk factors and interventions associated with self-harm and suicide in youth.

**Course Title: Autism Normalcy Training with Adolescents**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Puberty can be a time of mixed feelings for teens. It may be a time of pride and celebration as well as a time of worry and confusion. It is hard for teens to understand the many changes that come along with puberty. Individuals with ASD often progress in ways that are different from other children, their bodies generally develop at a similar speed as their peers. Boys and girls experience changes in their bodies whether or not they have ASD. Children with ASD may have unique responses to what is happening to their bodies, minds, and socially and may need additional guidance when navigating this time of transition. This course will provide the helping professional with skills to help youth the ASD navigate puberty.

## **ABUSE, NEGLECT & EXPLOITATION COURSES**

**Course Title: Preventing Abuse Neglect and Exploitation Remote Live Synchronous Outpatient**

**Course Format: Live Synchronous Instructor Led Course**

**CE: 2**

**Course Description:**

THIS COURSE MEETS THE HHSC LIVE TRAINING MANDATES. THIS IS OUTPATIENT TREATMENT COURSE.

The relationship between patient and provider is a sacred. Persons seeking help are often very vulnerable and are a great risk for abuse, neglect & exploitation. Our ethical and moral responsibility as helping professionals is to ensure no harm comes to those in our care. This course explores the rules and regulation related to patient/client abuse, neglect & exploitation to better understand the boundaries and expectations between staff and clients/patients. Abuse is never acceptable and should not be tolerated. This course will help you to understand what "do no harm" means for persons in our care.

**Course Title: Preventing Abuse Neglect and Exploitation Remote Live Synchronous Residential**

**Course Format: Live Synchronous Instructor Led Course**

**CE: 8**

**Course Description:**

THIS COURSE MEETS THE HHSC LIVE TRAINING MANDATES. THIS RESIDENTIAL TREATMENT COURSE.

The relationship between patient and provider is sacred. Persons seeking help are often very vulnerable and are a great risk for abuse, neglect & exploitation. Our ethical and moral responsibility as helping professionals is to ensure no harm comes to those in our care. This course explores the rules and regulation related to patient/client abuse, neglect & exploitation to better understand the boundaries and expectations between staff and clients/patients. Abuse is never acceptable and should not be tolerated. This course will help you to understand what "do no harm" means for persons in our care.

**Course Title: Preventing Patient/Client Abuse, Neglect and Exploitation- All States Version**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

THIS COURSE DOES NOT MEET THE TEXAS HHSC LIVE TRAINING MANDATES. THIS COURSE IS INTENDED FOR INDIVIDUALS WHO WORK IN STATES OTHER THAN TEXAS.

The relationship between patient and provider is sacred. Persons seeking help are often very vulnerable and are a great risk for abuse, neglect & exploitation. Our ethical and moral responsibility as helping professionals is to

ensure no harm comes to those in our care. In this course we are examining safety practices as they apply to the treatment of individuals with addictions and other mental health factors this course is designed to support both the helping professional and the patient who is receiving treatment. Every interaction between patient and helping professional is to follow the code of conduct and maintain professionalism.

**Course Title: Preventing Patient/Client Abuse, Neglect and Exploitation- Texas Inservice Supplement**

**Course Format: Remote/Online Course**

**CE: 1**

**Course Description:**

THIS COURSE DOES NOT MEET THE HHSC LIVE TRAINING MANDATES. THIS COURSE IS INTENDED TO SUPPLEMENT THE LIVE TRAINING.

The relationship between patient and provider is sacred. Persons seeking help are often very vulnerable and are a great risk for abuse, neglect & exploitation. Our ethical and moral responsibility as helping professionals is to ensure no harm comes to those in our care. This course explores the rules and regulation related to patient/client abuse, neglect & exploitation to better understand the boundaries and expectations between staff and clients/patients. Abuse is never acceptable and should not be tolerated. This course will help you to understand what "do no harm" means for persons in our care.

**Course Title: Clinical Boundaries for Addictions Professionals**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course covers the safety and ethics/ boundaries between the working professional the clients we work with. It is important to remember these individuals are in a vulnerable state and the professional level to which we stress the importance of maintain consistent and ethical care for every clinical patient.

## **NONVIOLENT CRISIS INTERVENTION COURSES**

**Course Title: Non Violent Crisis Intervention Live Synchronous-New Hire**

**Course Format: Live Synchronous Instructor Led Course**

**CE: 4**

**Course Description:**

THIS COURSE MEET THE HHSC LIVE TRAINING MANDATES AND IS CONDUCTED BY A CERTIFIED INSTRUCTOR. THIS IS FOR NEW EMPLOYEES.

Nonviolent Crisis Intervention for all types of helping professionals working in behavioral health. These are general guidelines and best practices for preventing and managing a patient/client crisis. This information is based on a multitude of models including Patient Safety, Safety First, Preventive Methods of Aggressive Behavior (PMAB), and Crisis Prevention Institute.

**Course Title: Non Violent Crisis Intervention Live Synchronous-Annual**

**Course Format: Live Synchronous Instructor Led Course**

**CE: 2**

**Course Description:**

THIS COURSE MEET THE HHSC LIVE TRAINING MANDATES AND IS CONDUCTED BY A CERTIFIED INSTRUCTOR. THIS IS THE ANNUAL RENEWAL COURSE AND IS NOT FOR NEW EMPLOYEES.

This is intended for those needing annual renewal. Nonviolent Crisis Intervention for all types of helping professionals working in behavioral health. These are general guidelines and best practices for preventing and managing a patient/client crisis. This information is based on a multitude of models including Patient Safety, Safety First, Preventive Methods of Aggressive Behavior (PMAB), and Crisis Prevention Institute.

**Course Title: Nonviolent Crisis Intervention Inservice Supplement**

**Course Format: Remote/Online Course**

CE: 1

**Course Description:**

THIS COURSE DOES NOT MEET THE HHSC LIVE TRAINING MANDATES. THIS COURSE IS INTENDED TO SUPPLEMENT THE LIVE TRAINING.

Verbal De-Escalation (Non Violent Crisis Intervention) training is designed for behavioral healthcare professionals who work directly in crisis situations. This training focuses on de-escalation techniques, risk assessment, and nonrestrictive interventions. Our training program is targeted for persons who provide services in the addiction industry the content will teach you how to safely interact with individuals who are experiencing a crisis.

**Course Title: Verbal De-escalation Techniques for Behavioral Healthcare Workforce**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

THIS COURSE DOES NOT MEET THE HHSC LIVE TRAINING MANDATE FOR NON-VIOLENT CRISIS INTERVENTION.

This course is intended as a clinical intervention course that looks specifically at the “crisis” of recovery and the importance in early treatment of helping persons seeking recovery “find their new normal.” This course will explore the etiology (how and why something happens) of a crisis response, events that trigger a crisis response within the substance using and substance recovering populations, and crisis prevention and de-escalation as a therapeutic intervention. In addition, youth development and crisis management, managing crisis for persons reentering community following incarceration, and persons with severe and persistent psychiatric disorders is discussed. Agitation is an acute behavioral emergency requiring immediate intervention.

## **ETHICS COURSES**

**Course Title: Ethics for Licensed Chemical Dependency Counselors**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

A professions must police their members; this is generally accomplished by enforcing a written code of professional ethics. In this course we are exploring the Code of Ethics for Chemical Dependency Counselor and learning how values, coupled with ethics, will assist in ethical and effective decision making. In the span of your career, you will be presented with ethical dilemmas and encounter obstacles to ethical decision making.

This course will review what you may already know and prepare you for decisions you have yet to make. Additionally, professional boundaries, when not observed, do not keep the best interest of the participants first and foremost. Ethics, values and professional boundaries come together to provide the best and most ethical care for the participants of our addiction treatment programs.

**Course Title: Ethics for Licensed Counseling Professionals**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

A professions must police their members; this is generally accomplished by enforcing a written code of professional ethics. In this course we are exploring the Code of Ethics for counseling professionals (LPC, LMFT) and learning how values, coupled with ethics, will assist in ethical and effective decision making. In the span of your career, you will be presented with ethical dilemmas and encounter obstacles to ethical decision making. This course will review what you may already know and prepare you for decisions you have yet to make. Additionally, professional boundaries, when not observed, do not keep the best interest of the participants first and foremost. Ethics, values and professional boundaries come together to provide the best and most ethical care for the participants of our addiction treatment programs.

**Course Title: Ethics for Direct Care Staff**

**Course Format: Remote/Online Course**

**NO CE FOR THIS COURSE- 3 CLOCK HOURS**

**Course Description:**

Much like licensed professionals, direct care/paraprofessional staff have ethical behaviors they are expected to following. In this training, you will become familiar with the Standards of Conduct for addiction paraprofessionals and learn how beliefs, values and ethics, assist in ethical and effective decision making.

**Course Title: Ethics for Certified Peer Recovery Specialists**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

A professions must police their members; this is generally accomplished by enforcing a written code of professional ethics. In this course we are exploring the Code of Ethics for Peer Recovery Support Specialists. In the span of your career, you will be presented with ethical dilemmas and encounter obstacles to ethical decision making. This course will help you to better understand how your lived experience may help and hinder your practice. Additionally, professional boundaries, when not observed, do not keep the best interest of the participants first and foremost. Ethics, values and professional boundaries come together to provide the best and most ethical care for the participants of our recovery support programs.

**Course Title: Ethics for Certified Prevention Specialists**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

A professions must police their members; this is generally accomplished by enforcing a written code of professional ethics. In this course we are exploring the Code of Ethics for Certified Prevention Specialists. In

the span of your career, you will be presented with ethical dilemmas and encounter obstacles to ethical decision making. Additionally, professional boundaries, when not observed, do not keep the best interest of the participants first and foremost. Ethics, values and professional boundaries come together to provide the best and most ethical care for the participants of our recovery support programs.

## **CONFIDENTIALITY AND PRIVACY COURSES**

**Course Title: Confidentiality of Behavioral Health Records-42 CFR Part 2**

**Course Format: Remote/Online Course**

**CE: 2**

### **Course Description:**

In the early 1970s, Congress recognized that the stigma associated with behavioral health issues (substance abuse and mental illness) and fear of prosecution deterred people from entering treatment and enacted legislation that gave patients a right to confidentiality. For the almost three decades since the Federal confidentiality regulations (42 CFR Part 2 or Part 2) were issued, confidentiality has been a cornerstone practice for behavioral healthcare programs across the country. These regulations have been updated and revised several times since 1975, to address changes in our society and technology. The most recent revision was in 2020. To help stakeholders understand their rights and obligations under Part 2, the Office of the National Coordinator for Health Information Technology (ONC) and the Substance Abuse and Mental Health Services Administration (SAMHSA) have released two fact sheets illustrating how Part 2 might apply in various settings. This fact sheet focuses on helping health care providers determine how Part 2 applies to them by depicting scenarios they might encounter when caring for patients. The fact sheets are linked on the next slide. You are strongly encouraged to open the link and print the PDF for your resources.

**Course Title: Health Insurance Portability and Accountability Act: Protecting Patient Privacy**

**Course Format: Remote/Online Course**

**CE: 2**

### **Course Description:**

This course provides training on important provisions of the Health Insurance Portability and Accountability Act including Public Law 104-191, the Private Rule, the Security Rule, the Enforcement Rule, and the Omnibus Rule. This training program presents essential information about the General Administrative Requirements, Administrative Requirements, and the Security and Privacy provisions of regulation text 45 CFR Parts 160, 162, and 164. This course has a special focus on managing privacy in the era of social media and electronic health records.

## **TEXAS HEALTH AND HUMAN SERVICES TREATMENT FACILITY LICENSURE MANDATED TRAINING**

**Course Title: HHSC New Employee Orientation**

**Course Format: Remote/Online Course**

**NO CE FOR THIS COURSE- 5 CLOCK HOURS**

### **Course Description:**

In this course we are examining basic program rules, behavior management, client supervision, and emergency procedures. Each one of these topics is a key component in training new employees to cover the material necessary to perform the job function. This course is designed to support the onboarding and initial training of

new hire employees. The training will be used in conjunction with the ethics training and initial training surrounding specific positions in the clinical and educational setting. This course is to be used as an overview of company policy and expectations.

**Course Title: SUD Intake, Screening, Assessing, Diagnosing (DSM-V), and Admission**

**Course Format: Remote/Online Course**

**CE: 8**

**Course Description:**

This course is required, annually, by all Texas Health and Human Services Commission licensed treatment facility staff that conducts intakes and assessments with clients/patients. This course meets the Texas HHSC Facility Licensure rule that requires all persons who conduct screening or assessments to complete eight (8) hours of training related to the screening, assessment and diagnosis of substance use disorders. This course is intended for all persons (counselor and nurses) who conduct screening, assessment, and/or diagnosis in addiction treatment programs. This course reviews the process for SUD intake, SUD screening, SUD assessment, an overview of Substance Use Disorders (DSM) and patient placement criteria (TDI/ASAM), and SUD admission process. All information is based on TAC 448, ASAM, TDI, CARF and JCA standards. It is recommended that all counselors take this course as ongoing assessment as part of the patient/client treatment process. This course has a minimum time requirement. This means that you must spend a minimum time in the course reviewing the materials and videos.

**Course Title: CMBHS Intake, Screening & Assessment: Remote Live Synchronous**

**Course Format: Live Synchronous Instructor Led Course**

**CE: 2**

**Course Description:**

THIS COURSE MEET THE HHSC LIVE TRAINING MANDATES AND IS CONDUCTED BY A CERTIFIED INSTRUCTOR.

HHSC requires that all persons who conduct screening and intake receive training specific to the clinical processes and forms of the organization. This live synchronous training is intended to supplement the online SUD Intake, Screening, Assessing, Diagnosing (DSM-V), and Admission course and details the organizes procedures and the use of specific CMBHS processes (Profile, Screening, Service Begin, Financial Eligibility Admission). Participants are provided a detailed CMBSH user guide.

**Course Title: Medication Self Administration**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

THE COURSE DOES NOT MEET THE AGENCY INSERVICE MEDICATION PROCEDURE TRAINING MANDATES. THIS COURSE IS INTENDED TO SUPPLEMENT AGENCY SPECIFIC TRAINING BY A LICENSED HEALTHCARE PROFESSIONAL (LVN, RN, MD, PA, APN).

This course is covering the safety protocols and mandated requirements behind training for employees who will have direct access to medications and supporting clients. This course will introduce employees to the basic laws and procedures that ensure client safety and well-being regarding medication administration; educate employees on medication groups and their risks; and educate employees on special populations and medication administration, e.g., pregnant women.

**Course Title: Substance Use Disorder and Detoxification**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course examines the different types of drug and alcohol addiction included with addictive behaviors and trauma related behavior patterns as well as the focus of recovery and the supporting tools to go through the detoxification process successfully. In this course we will look at indicators for high risk individuals and warning signs that will help counseling professionals to assist in the process of rehabilitation.

**Course Title: Preventing Infectious Disease: HIV, Hepatitis B&C, Tuberculosis & STI's**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course will examine the safety measures between patients and staff in regard to preventing the transmission of infectious diseases, all parties involved in direct contact should assume that others are infected to maintain safe contact. In the event that direct contact is needed for life threatening emergency the individual administering help needs to use the safety measures in place to minimize the risk of exposure.

## **PREVENTION COURSES**

**Course Title: Child Development Theory**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is examining the different development theories as put forward by the founding psychologist who first developed these theories we will look at the different stages of development as assessed by these theorists. Child development is the key to understanding future disorders and addictions because the early stages of development have the largest impact on the brain and social/ emotional skills.

**Course Title: Preventing Risk and Resiliency in Youth**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Rather than focusing exclusively on one kind of risk, current research efforts approach the study of risk from an interactional or transactional perspective, considering the child in context. This approach takes into account conditions both in the child and in the nature of the environments in which he or she lives. As an example, the recent volume Risk, Families and Competence includes chapters on divergent families, immigrant families, home environments, family-peer relationships, family typologies, children with developmental delays, and gifted children. Clearly, children's characteristics and the environments in which they live are both important contributors to risk. Further, from a transactional view, they do not function independently but, rather, affect and change each other. Family conditions may intensify or ameliorate children's developmental or behavioral problems. Similarly, family experiences, peers, and teachers will influence children's learning problems.



**Course Title: Understanding the Impact of Adverse Childhood Events Across the Lifespan**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This training is designed as a part of the child development series to better understand human development and the way adverse childhood experiences impacts individuals across the lifespan. This course focus on classic warning sign behaviors, including conversation examples between patient and clinical advisor. Including treatment plans and therapy approaches. Within this training you will see graphs, videos and some narration that provides addition support. We have selected what we believe to be the most accurate and information to help guide through the process of admitting, treatment, and recovery.

**Course Title: Human Development Theory**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This training is designed as a part of the child development series to better understand human development and how people grown physically, behaviorally and cognitively. This intended to be an overview of human development. We have selected what we believe to be the most accurate and traditional information to help you better understand human development.

**Course Title: Substance Abuse Prevention Across the Lifespan**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is required, annually, by all Texas Health and Human Services Commission grant funded staff that provides or directs prevention and intervention services. This course is designed to cover the different types of substance abuse and the treatment plans with each of those. We have selected what we consider the most interesting yet factual, videos from YouTube and other sources. Please make sure to watch the video as people will often retain visual content more readily than written/text information. Feel free to check out other videos and publications related to preventing substance use.

**Course Title: Prevention Educator Professional Boundaries**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course covers the safety and ethics/ boundaries between the working professional the clients we work with. It is important to remember these individuals are in a vulnerable state and the professional level to which we stress the importance of maintain consistent and ethical care for every clinical patient.

**Course Title: Preventing Shaken Baby Syndrome**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

BHC Training has prepared these training materials based on best practices for preventing injury in children. This training is meant to provide a basic overview of Abusive Head Trauma, also known as SHAKEN BABY SYNDROME. We have selected what we believe to be the most accurate and traditional information to help you better understand the development needs of the children you are caring for at your place of employment. Your employer may provide you with additional information.

**Course Title: Understanding Infant and Toddler Development**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

BHC Training has prepared these training materials based on best practices in development psychology. This training is meant to provide a basic overview of infant, toddler and child development. We have selected what we believe to be the most accurate and traditional information to help you better understand the development needs of the children you are caring for at your place of employment. Your employer may provide you with additional information.

**Course Title: Helping Children Cope with Trauma**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

BHC Training has prepared these training materials based on best practices in trauma informed care and development psychology. This training is meant to provide a basic overview of how trauma and adverse childhood events impact infants, toddlers and young children. We have selected what we believe to be the most accurate and traditional information to help you better understand the emotional needs of the children you are caring for at your place of employment. Your employer may provide you with additional information.

**Course Title: Communication with School Age Kids Age K-12**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is designed to better understand the different levels of communication surrounding different age groups of children and how each group will be engaged in conversation for age-appropriate dialog. Using each one of these steps to ensure that good communication through out every stage of development, including parent involvement, educational professionals, and community members. In this training we have compiled the most accurate and relevant information in the form of videos, case study information, and graphs, as well as images to better help with the training of this information. This presentation is designed to be used as a part of the child development serious and most of the information in this training can be applied to other areas of development and growth.

## **RECOVERY SUPPORT SPECIALIST COURSES**

**Course Title: Becoming a Recovery Support Professional: Roles, Responsibilities, and Service Design**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Substance use and problematic substance continues to be one of our greatest health and social challenges in America. Over 2 million people receive treatment and of those only about 200,000 are able to maintain and period of recovery. Peer Support Specialist and Recovery Coaches are essential in our efforts to help people achieve a sustained recovery and a better quality of life. This training is an overview of what recovery support services are and who provides them. This module part of the “Becoming a Recovery Support Professional” series.

**Course Title: Recovery Coaching Essential Skills**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Peer coaching is a flexibly structured process that allows peers to become a resource to each other to help them achieve their full potential through regularly scheduled discussions and activities. Peer coaching creates a collaborative environment for peers at any level of an organization to become resources for each other. Provides a standard of training designed to improve new staff’s experience, resulting in high quality support. When this happens, your team will begin to drive accelerated personal, professional, and management development plans.

**Course Title: Peer Support Group Facilitation Skills**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is looking at peer support groups the rules and regulations that make them successful and the functional rules surrounding peer interactions and safety measure to ensure no issues throughout the peer group process. As a facilitator your job is to listen, this training has great guidelines that are in place to make sure both the individuals receiving the care and those administering care are protected and able to complete their job functions with great success.

**Course Title: Conflict Resolution**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

In this treatment setting a lot of what we will deal with is going to be defusing hostile situations and helping to manage conflict amongst patients and fellow staff members. Knowing how to handle these situations will be key to managing them. The potential productive outcomes of conflict are to clarify, learn and create a helpful, inclusive, and caring environment.

## **TDCJ THERAPEUTIC COMMUNITY TREATMENT COURSES**

**Course Title: TDCJ New Employee Orientation**

**Course Format: Remote/Online Course**

**NO CE FOR THIS COURSE- 2 CLOCK HOURS**

**Course Description:**

This course is designed to help support individuals who are coming to work in this setting understand the functions of the job description with this job, helping professionals are supporting these individuals from offenders to a client that is going through the rehabilitation process. The staff will be expected to manage the offenders behavior. Looking at behavior management tools and basic program rules.

**Course Title: Therapeutic Community Overview for New Employees**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Please watch the entirety of the videos as you test will reflect content in the videos. The series “The TC Training Series---Volumes 1-3 (2004)” is a comprehensive, basic explanation of the “essential elements” of the Therapeutic Community by Dr. George DeLeon, the acknowledged international expert on this method for changing the lives of the most chronic and challenging populations who need “habilitation” rather than “rehabilitation.” This was designed both meet the needs of new employees in therapeutic communities, and as a refresher course for those who have been working in the field.

**Course Title: Therapeutic Community Overview for New Employees**

**Course Format: Remote/Online Course**

CE: 16

**Course Description:**

The Therapeutic Community treatment model gained popularity in the United States in the late 1960’s and is used commonly in criminal justice settings. This courses expands on the TC Foundations video course and is a detailed explanation that includes: The TC Treatment Model; Community-as-method-approach; Social Structure and Environment; Peer Interpersonal Relationships; Staff Roles and Authority; Stages and Phases of Treatment; TC Intervention Tools.

**Course Title: Annual Therapeutic Community Program Review**

**Course Format: Remote/Online Course**

CE: 8

**Course Description:**

This is an annual review f the application of TC Treatment Model in community based residential SUD treatment programs. This model focuses on the daily application and implementation of the TC program for direct care and counseling staff. Special attention is given to implementation of the TC structure, roles, authority, individual and group interventions, boundaries, and best practice or regulatory changes in program requirements and application.

**Course Title: Prison Rape Elimination Act**

**Course Format: Remote/Online Course**

CE: 5

**Course Description:**

This course is required, annually, by all Texas Department of Criminal Justice funded treatment facility staff. This course meets the federal and state mandates related to preventing sexual abuse of involuntarily confined

persons. Much of this course and PREA in itself refers to jails and prisons as this is where much exploitation occurs. However, community-based service providers, such as TC programs also present circumstances where offenders/clients/patients may be at risk for exploitation. As such, all staff working in these community-based programs must be trained on the law and how to prevent exploitation and abuse of current and past offenders. We have selected what we consider the most interesting yet factual, videos from YouTube and other sources. Feel free to check out other videos and publications.

**Course Title: Treating the Multiple Needs Offender**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is designed to support the helping professional in their treatment plan and support the knowledge base for staff members who may be working with patients with multiple or several different needs. This course can be used in conjunction with several other courses within the treatment guidelines and should be used in cases with patients with extreme behavioral and mental disorders.

**Course Title: TC Cognitive Intervention Components and Skills Translated into Reentry and Reintegration: Confrontation into Assertiveness, TC Structure into the Individual's Role within the Social Community Function/Structure, and TC lines of Communication Skills with Family, at Work, & in Social Settings**

**Course Format: Remote/Online Course**

**CE: 6**

**Course Description:**

This course examines criminal behavior and the process of criminal thinking. The benefit of examining these patterns of behavior is to then be able to understand how we will help these individuals through the criminal process and eventual in the rehabilitation back into society. We will also look at different types of victimization and why people go without report criminal behavior. This course specifically addresses the training requirements for TDCJ: Confrontation into Assertiveness, TC Structure into the Individual's Role within the Social Community Function/Structure, and TC lines of Communication Skills with Family, at Work, & in Social Settings.

**Course Title: TC Overview Group Therapy and Peer Groups**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is designed for individuals who will be working alongside patients and must be taken within the first 60 days of employment of how the therapeutic community group procedures are implemented. To understand group work, and the principles of group therapy. Also examining the theory behind the practice and the benefits of using group therapy as a means for treatment, and the various types of groups, the role of the group leader and the skills needed to successfully lead a group therapy session.

**Course Title: Relapse Prevention Practices**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course will examine the need for prevention methods to be in place upon completion of a program, when individuals will leave the program to reintegrate back into normal life. These individuals are vulnerable to relapse and an action plan is needed to prevent this. In this course we will look at tools and guiding practices that will help every patient to be successful on their path to recovery.

**Course Title: Mood Disorders: Seasonal Awareness**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is covering the general understanding of different mood disorders as classified and identified by the DSM-V looking at each one of these disorders and how they directly impact treatment is going to be key in this case. Also understanding how different seasons may impact the treatment process and how that can be addressed during and after the treatment process.

**Course Title: Teaching Communication Skills in Addiction Treatment**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Making sure the participant understands the importance of good and clear communication in the position of helping individuals through their treatment process. This training has guiding tools that will help in supporting the professional/ and clinical staff through the rehabilitation process and the understanding of maintaining clear and professional boundaries with patients in your care.

**Course Title: TC Safety Security Monitoring**

**Course Format: Remote/Online Course**

**NOT ELIGIBLE FOR CE- 1 CLOCK HOUR**

**Course Description:**

This course is required annually by all TDCJ Therapeutic Community facility staff that has direct contact with offender/clients. This is intended to supplement your facilities specific policies and procedures. Every facility has direct protocols. Make you know yours. We have selected what we consider the most interesting yet factual videos from YouTube. But feel free to check out other videos.

**Course Title: Social Cultural Lifestyles of Offender Populations**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Prison is a culture in of itself. Most people must adapt to a culture that is nothing like what they came from, for survival. This includes learning new roles, new structures, and navigating many people from other inmates to correctional officer. Leaving prison and jail changes people, they have to adapt to a new normal and they will never be the person they were “before.” Rarely do people leave incarceration better off than when they entered.

## **ELECTIVE CLINICAL COURSES**

**Course Title: Accreditation Annual Training for CARF and Joint Commission**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

In order for your agency to obtain or maintain the agencies accreditation by CARF, Joint Commission or COA, all employees are required to have training that informs your specific job activities. You and your supervisor may consider an annual training plan that assist you in achieving your job and career goals, which may or may not include this and other training. This training module is intended to fill “gaps” in agency specific training. It is based on best practices that are used across all programs. The content in this module supplements information from your agency as to their specific policies, procedures, and practices. This includes: Health and Safety Practice, Emergency Procedures, Incident Reporting, & Prevention and Reporting of Abuse and Neglect. All these pieces of information are important in helping you complete your job activities. Always ask questions if you unsure of the agency practice.

**Course Title: Cognitive Behavioral Therapy in the Prevention and Treatment of Addiction**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is an elective clinical course intended for counselors. While the focus is specific to addictions, the information can be used in a multitude of therapeutic settings. Cognitive Behavioral Therapy (CBT) is a term used in many different techniques and practices surrounding patient relationships this module can be used as a guide for the benefit of making sure the maximized benefit of the treatment plan, by the end of this course you will be able to easily identify CBT pathways.

**Course Title: Assessing and Preventing Suicide and Self Harm in Adults**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Suicide is a difficult topic, but it’s too important to ignore. Assessing risk for suicide and self-harm has become an essential part of treating addiction. This course is intended to provide all staff who work in addictions with a basic understanding of the relationship between suicide, self-harm and addiction. It is recommended that all staff who interact with clients/patients/participants take this course. By the end of this course, you should have a comprehensive understanding of the risk between suicide and substance use. You will be able to differentiate between self-harm as part of suicide and self-harm not related to suicide. Actions to assess and prevent suicide and self-harm. This training can be applied across a multitude of treatment, prevention and intervention settings. This includes schools, residential treatment centers, outpatient clinics, and recovery support settings.

**Course Title: Managing Pain and Addiction**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

Understanding the intersection between pain, chronic pain and addiction has become important part of treating addiction. This course is intended to provide the clinician, nurse, medical staff with a basic understanding of

the relationship between pain and addiction. It is recommended that all counselors and nurses take this course. This is primarily a video-based training. In this training we are looking at how to successfully manage pain, as well as the triggers that cause opioid addictions, and how they affect the brain which then causes recurring uses. By the end of this training, you will understand the different levels of pain as they communicate with the brain sensor and why individuals who are more prone to drug use have certain characteristics that put them at a higher risk.

**Course Title: Group Therapy Process and Practice for Addiction Counselors**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This is an elective course for counselors on group therapy processes. This is intended as a basic overview and will provide practical application. By the end of this course, you will have the understanding of why group related therapy is actual essential to the recovery process for addiction treatment. Group therapy offers a new approach to different types of community support and outreach, individuals can experiment with new ways of being.

**Course Title: Preventing Early Treatment Termination and Leaving AMA**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is designed to help you prevent early voluntary termination of substance abuse treatment- leaving against medical advice. This course is primarily a video base course provided by Todd Stumbo – Chief Executive Officer – Blue Ridge Mountain Recovery Center. This video is approximately 1 hour in length. We have selected what we believe to be the most accurate and information to help guide through the process of preventing people from leaving treatment early. Please talk with your supervisor about your facility specific procedures related to AMA and AMA blocking. Make sure you know the rules.

**Course Title: Cultural Competency and Diversity**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course proposes strategies to engage clients of diverse racial and ethnic groups in treatment. Culture is a primary force in the creation of a person's identity. Counselors who are culturally competent are better able to understand and respect their clients' identities and related cultural ways of life. This course proposes strategies to engage clients of diverse racial and ethnic groups (who can have very different life experiences, values, and traditions) in treatment. The major racial and ethnic groups in the United States covered in this course are African Americans, Asian Americans (including Native Hawaiians and other Pacific Islanders), Latinos, Native Americans (i.e., Alaska Natives and American Indians), and White Americans. In addition to providing epidemiological data on each group, the course discusses salient aspects of treatment for these racial/ethnic groups, drawing on clinical and research literature. While the primary focus of this course is on substance abuse treatment, the information and strategies given are equally relevant to all types of health and mental health treatment.

**Course Title: Harm Reduction Principles and Practice in the Prevention and Treatment of Addiction**

**Course Format: Remote/Online Course**



CE: 3

**Course Description:**

In this course you will learn the benefits of harm reduction and how strategies can be applied to reduce harm and further complications from drug use and reduce the harm and risks to the community. The course will dispel some common myths of harm reduction and illustrate where it fits within the continuum of substance use (SUD) treatment and recovery. Participants will gain an understanding of harm reduction principles and services and will be able to define what it means to “practice” harm reduction. Practicing harm reduction is not simply the act of doing harm reduction like things. It’s not simply securing a grant and funding and distributing naloxone (the overdose reversal drug) within a community. It is to apply Harm Reduction Principles and Philosophies to strategies and interventions. Then and only then is one practicing harm reduction.

**Course Title: Medication For Opioid Use Disorder**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

THIS COURSE IS NOT INTENDED TO GIVE MEDICAL OR PRESCRIBING ADVICE OR DIRECTION. MEDICAL PROFESSIONAL MUST FOLLOW FEDERAL REGULATION AND BEST MEDICAL PRACTICE AS DEFINED BY THEIR PROFESSIONAL LICENSING BOARD.

The use of medication is becoming the recommended standard of practice in the treatment of opioid use disorder. The Substance Abuse and Mental Health Service Administration (SAMHSA) has termed with as Medication Assisted Treatment (MAT). MAT is the use of **medications**, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Medications used in MAT are approved by the Food and Drug Administration (FDA) and MAT programs are clinically driven and tailored to meet each patient’s needs. This course is intended to provide an overview of MAT and the medications currently approved in the treatment of opioid use disorder.

**Course Title: Motivational Interviewing Theory and Practice**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Motivational interviewing (MI) is increasingly viewed as the most important development in the counseling field in the last 30 years, and yet many people in helping professions do not know the core principles of MI or understand how to apply them in practice. In this course, you will learn about the motivational interviewing approach to helping people change and see the crucial importance of matching interventions to individuals’ stages of change in order to improve the likelihood of success. In addition to examining the principles of MI, you will learn specific skills and techniques that will support the primary goals of MI, which include establishing rapport, eliciting change talk, and establishing commitment language. You will also learn about the recent empirical research supporting the effectiveness of MI. Anyone in a helping profession will benefit from this course, whether it is used to learn about MI for the first time or to reinforce your knowledge of MI’s important principles. The course uses a blend of instructive information and interactive exercises to keep you going (or start you moving) in the right direction.

**Course Title: Overdose Education and Prevention**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Opioid overdose is a burgeoning public health crisis, accounting for at least 16 000 deaths annually in the United States. Opioid overdose occurs across sex, ethnic, age, and geographic strata and involves both medical and nonmedical opioid use. To date, federal government response has focused primarily on monitoring and securing the drug supply. This Viewpoint suggests various steps necessary to support a more comprehensive approach.

**Course Title: Trauma Informed Addiction Treatment and Recovery**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Traumatic life experience, such as physical and sexual abuse as well as neglect, occurs at alarmingly high rates and is considered a major public health problem in the United States. Becoming trauma informed is not about becoming a trauma specialist. Rather it understands the role that each person can play in supporting a person's recovery, from the first person to greet someone as they enter a building for the first time, the receptionist to the CEO or Executive Director. Everyone has a role to play and can make a difference in creating a culture and climate that promotes safety, trust and compassion. These are the hallmarks of being trauma informed. When a program seeks to become trauma-informed, every part of its organization, management, and service delivery is assessed and modified to ensure a basic understanding of how trauma impacts the life of an individual who is seeking services. Trauma informed organizations and systems are based on an understanding of the particular vulnerabilities and/or triggers that people affected by trauma experience (that traditional service delivery approaches may make worse), so that services can be more supportive, compassionate, effective and avoid re-traumatization. This knowledge about trauma is not limited to a privileged few within an organization but belongs to everyone. Not everyone within an organization or system may have all the same knowledge and information, some may have more than others, everyone however should have a basic understanding of trauma and the principles of trauma informed care. Participants of this course will come to understand what trauma is, what it means to be trauma-informed and how to integrate a trauma-informed perspective into our everyday interactions. A trauma-informed approach is designed to avoid re-traumatizing those who seek assistance, to focus on "safety first" and a commitment to "do no harm," and to facilitate participation and meaningful involvement of consumers and families, and people affected by trauma in the planning of services and programs.

**Course Title: Providing Tobacco Cessation Interventions in a Healthcare Setting**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Since the first Surgeon General's report on smoking and health was released in 1964, cigarette smoking among U.S. adults has declined from nearly 43% to a low of nearly 14% in 2018. Despite this progress, smoking remains the leading preventable cause of death and disease in the United States. Additionally, smoking-related illnesses continue to cost the nation more than \$300 billion every year. Smoking rates in people with substance use disorders are two to four times those of the general population. Concurrent treatment of tobacco dependence has been limited due to concern that these interventions are not successful in this population or that recovery from other addictions could be compromised if tobacco cessation was combined with other addiction treatment. Research has proven this to be false and in fact, tobacco cessation programs started while in treatment, yield

higher rates of long-term abstinence of tobacco use. All health care providers, especially those with direct patient contact, have a unique opportunity to help tobacco users quit. Smokers cite a healthcare practitioner's advice to quit as an important motivator for attempting to stop smoking. This course provides participants with practical interventions for tobacco cessation.

**Course Title: Addiction Treatment: Women, Children and Families**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is required, annually, by all Texas Health and Human Services Commission licensed treatment facility staff that work with women. This course is intended to help professional working with women in SUD treatment understand their specific and different needs. Use Demographics and Trends- include what has changed and what is changing. Issues Specific to Women and Substance Use- think about causes and issues that make them at greater risk or exacerbate substance use. Addiction Treatment Needs Specific to Women- what do women need in treatment. Special Issues-Child welfare system, domestic violence, trauma, (we used to think of these as psychosocial stressors that impact the success of achieving and maintain sobriety). Women in Treatment-Review of different types of programs for women.

**Course Title: Recognizing and Preventing Human Trafficking**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

THIS COURSE IS APPROVED BY HHSC HUMAN TRAFFICKING DEPARTMENT FROM 9/21/2021-9/23/2023.

This course is designed to help you better understand the severity of human trafficking-when, how and why human trafficking occurs. This course focuses on who is trafficked, types of trafficking, and how healthcare professionals can identify, prevent and interrupt human trafficking. Some information in this course of graphic nature. This course is a combination of written text, audio and video. Please watch videos in full. We have selected what we believe to be the most accurate content to illustrate and illuminate the information provided. Several videos may have triggering information. As always, this topic is evolving daily, and we are learning new things regarding the care, prevention, and how to aide those both directly and indirectly involved in human trafficking. Please continue to review other resources and information- our shared purpose is to alleviate suffering.

**Course Title: Cybersecurity: Safety in Healthcare Settings**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is covering the safety procedures that need to be in place to protect both the employees and clients, all files need to be protected that patient confidentiality needs to be respected and the individuals who have access to these files need to uphold the laws set in place to ensure the client privacy privilege.

**Course Title: Addiction Treatment and Persons Living With HIV**

**Course Format: Remote/Online Course**

**CE: 3**

**Course Description:**

This course is required, annually, by all Texas Health and Human Services Commission licensed treatment facility staff that are grant funded through Texas HHSC for HIV Residential Treatment. This course meets the Statement of Work for HIV Residential Treatment. The chronic use of alcohol and nearly every drug of abuse taxes the system of an individual and potentially results in compromised immune system functioning. The use of most drugs of abuse, including alcohol, leads to the suppression of the ability of the immune system to fight off infection. Individuals who binge or use extremely high amounts of drugs and alcohol also weaken the immune system by exhausting themselves.

**Course Title: Prenatal Drug Exposure: Neonatal Abstinence Syndrome and Fetal Alcohol Syndrome**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

This is a required course for staff working in HHSC grant funded (MAT, TRF, CCC, PPI, PADRE) programs. Exposure to alcohol and other drugs during pregnancy can cause significant problems for newborns, children, and adolescents. Alcohol can cause life-long birth defects and developmental disabilities such as Fetal Alcohol Spectrum Disorder (FASD), Neonatal Abstinence Syndrome (NAS) and Newborn Opiate Withdraw Syndrome (NOWS). Children with any of these disorders can have difficulty with physical and cognitive development, learning, controlling impulses, and behaving in appropriate ways. Providing parents in recovery with information and resources is important in preventing other adverse childhood events. Additionally, healthcare professional should become familiar with the Substance Exposed Infant Framework (SEI) which identifies five major time frames when intervention in the life of an infant can help reduce the potential harm of prenatal substance exposure.

**Course Title: Clinical Documentation for Addiction Professionals**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

Clinical documentation is as important to the clinic process as delivery of interventions. The mantra “if its not documented, it didn’t happen” remain true. In today’s healthcare environment, there are many regulatory and litigious reasons to be a skilled documentarian. This course will provide an overview of the clinical/therapeutic process and provide a detailed exploration of minimum documentation expectations. Participants will gain an understanding of the importance of documentation and the supporting information needed when dealing directly with patient relations every interaction has some form of documentation needed to clinical and insurance purposes to make sure proper practice is followed.

**Course Title: Financing Addiction Services in Texas: Medicaid, Medicare, Grants and Commercial Insurance**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

This course examines the different options that patients have in receiving their care. Most patients who are currently in the mental health system are using some type of government assistance in paying for their treatment. Understanding which insurance and grant programs offer additional support to help pay for treatment is beneficial information to help give clients who are working the program.

## HUMAN RESOURCES COURSES

**Course Title: Preventing Workplace Harassment**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

To understand your role in preventing workplace harassment, in addition to understanding what constitutes as harassment and how it pertains to maintaining a healthy and safe work environment for staff and patients alike. This course goes into deep evaluation of the different types of sexual harassment and how to report such instances and to which people the reporting should go through.

**Course Title: Manager and Administrator Training**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

A must have course for all new managers and supervisors. Employers return in investment is jeopardized by supervisor and manager mistakes. These mistakes can be easily avoided by having a basic understanding of the minimum human resources standards for businesses in Texas. This course provides a basic overview of the minimum legal standards and best practice for managers and administrators for business in Texas. While this course has a specific focus on Texas regulation, many of these standards are derived from federal labor laws and business codes and as such apply to business in other states as well.

**Course Title: Equal Employment Opportunity Law**

**Course Format: Remote/Online Course**

CE: 2

**Course Description:**

This course is designed to protect the rights of the individuals through the hiring process, so every person knows the rights they have when applying for a job and understanding the hiring process for each individual company. Companies are required to disclose information to applying parties to understand why the hiring either did or did not result in a job offer. If at any point through this process an individual feels their rights were violated legal action can be taken to protect them.

**Course Title: Managing Workplace Boundaries with Colleagues**

**Course Format: Remote/Online Course**

CE: 2

**Course Description:**

Workplace boundaries are essential to ensure a safe and effective work atmosphere for our customers. This course is intended to help you understand how professional boundaries are essential to positive patient/client/participant outcomes. This course is designed for all staff members no matter their position to make sure the integrity of the workplace is upheld.

**Course Title: Dealing with Difficult People in the Workplace**

**Course Format: Remote/Online Course**

CE: 1

**Course Description:**

This is an elective course. The target is anyone who desires to have better communication with coworkers. This course will teach the essentials of communication, teach skills for addressing and managing workplace conflict and discuss a formula for giving other feedback. This course is designed to help the working professional in difficult situations when dealing with another individual who may create a hostile work environment. This course will provide solutions to deescalating problem such as these when they arise.

**Course Title: Clinical Supervision**

**Course Format: Remote/Online Course**

CE: 6

**Course Description:**

Counselors, clients, facilities and the public at large benefit from counselor clinical supervision. Supervision is a guarantee the best possible way forward to professional and personal development. It protects the client and community from harm and the facility from liability. The supervisor is not just accountable for a interns/subordinate's actions, managing their workload and monitoring how they intervene with clients; they are also helping the counselor reflect and develop. This can cover discussion of their role, the interface between personal and professional, how they wish to develop, helping them to link theory and practice, to formulate what is going on with complex cases. This course is intended to give supervisors the necessary information to competently supervise interns and other subordinates.

**Course Title: Trauma Informed Clinical Supervision**

**Course Format: Remote/Online Course**

CE: 3

**Course Description:**

This course is recommended for managers, mentors, or other persons who provide direct supervision to persons with lived experience. Given the high numbers of persons in recovery who work as professionals and paraprofessionals in the addiction industry, counter transference is a significant contributant to boundary crossing and violations. This is a video-based course and includes presentations by leading trauma experts in behavioral healthcare. The following videos include an overview of trauma informed supervision, a detail trauma informed supervision webinar and examples of trauma informed clinical supervision. The total time for all three videos is 2.5 hours. These resources were gathered from open source and are intended to inform you clinical supervision.

**Course Title: Driver Safety**

**Course Format: Remote/Online Course**

NOT ELIGIBLE FOR CE- 1 CLOCK HOUR

**Course Description:**

Driving is an essential task of most residential action programs and outpatient case management. If we are driving with or without client/patients in our car or an agency vehicle having defensive driving techniques will help you to be safe behind the wheel and avoid accidents.

**Course Title: Basic Food Safety**

**Course Format: Remote/Online Course**

NOT ELIGIBLE FOR CE- 1 CLOCK HOUR

**Course Description:**

THIS COURSE DOES NOT MEET TEXAS MANDATED FOOD MANAGER TRAINING. SOME LOCAL HEALTH AUTHORITIES HAVE ADDITIONAL MANDATES AND THIS TRAINING DOES NOT MEET THOSE MANDATES. PLEASE CHECK WITH YOUR LOCAL HEALTH AUTHORITY REGARDING KITCHEN STAFF TRAINING.

This course is recommended for staff who prepare meals for patients/clients and do not have a food handler's/preparer permit or certification. Healthy eating means more than managing calories or choosing a balanced diet of nutrient-rich foods. The best healthy eating plans also involve safe food handling, cooking, and storage practices that help prevent food poisoning and foodborne illness.

**Course Title: OSHA Bloodborne Pathogen Safety Training**

**Course Format: Remote/Online Course**

CE: 1

**Course Description:**

This training is meant to provide a basic overview of Bloodborne Pathogen safety standards for general business environments. The information provided is relevant to all types of business, however, some of the information may not be useful in your current working environment. We have attempted to identify safety practices specific to the addiction and healthcare industry.

**Course Title: Overview of Infectious Disease: HIV, Hepatitis and Tuberculosis**

**Course Format: Remote/Online Course**

CE: 2

**Course Description:**

THIS COURSE IS NOT THE REQUIRED COURSE FOR HHSC FACILITY LICENSURE AND DOES NOT MEET THE MANDATED FACILITY LICENSURE REQUIREMENTS.

This course examines the safety measures between patients and staff in regard to preventing the transmission of infectious diseases, all parties involved in direct contact should assume that others are infected to maintain safe contact. The focus of this course is on preventing accidental transmission of infectious disease to customers and community members.